



Miles Hilton-Barber Explorer.

Themes

Dream big to achieve big

Expect the Unexpected

Never Give Up

The Importance of Teamwork

Don't let your Past Determine Your Future

Facing your fears

Taking advantage of adversity

Benefiting from failure

Miles Hilton-Barber has been blind since his early twenties, but has not let that stop him from challenging barriers. He has sought adventure and succeeded on expeditions to deserts, mountains and the polar regions. Miles has lived his dreams, encouraging us to realise that "*The only limits in our lives are those we accept ourselves.*"

His remarkable adventures in recent years, setting numerous world records in the process, include:

- Attempting to be the first blind person to reach the South Pole, in the process man-hauling a sledge over 250 miles across Antarctica.
- Completing "The Toughest Foot-race on Earth" - 150 miles across the Sahara Desert in the Marathon des Sables.
- Climbing Mt Kilimanjaro and Mt. Blanc- Africa's / Europe's highest mountains.
- Completing the "Coldest Marathon on Earth"- the Siberian Ice Marathon.
- Circumnavigating 38,000 miles around world using 80 forms of transport.
- Setting Malaysian Grand Prix lap record for blind driver in 200kph Lotus.
- Flying a micro-light for a record breaking 55-days, 21,500 kilometre - more than half-way around the world from London to Sydney Australia, relying on revolutionary speech-output technology.
- The first blind pilot in world history to fly a sortie of extreme aerobatics in a +600 MPH Hawker Hunter jet fighter, accompanied by an ex-Red Arrows pilot, setting a blind world air speed record in the process.

He uses his experiences as an international adventurer to inspire others to achieve their potential. His words are not hollow generalisations - he offers practical ideas that work for everyone. His presentations are entertaining, motivating and inspirational, sharing with his audiences the things he would want to hear if their roles were reversed. "*I want them [the audience] to feel they are looking inside the hearts and minds of the people who worked together as a team, took risks, extended the envelope, and made an impossible dream a reality.*"